

NZBA Bar and Bench **Art Exhibition** is Back!

The New Zealand Bar Association made history at its 2023 annual conference in Christchurch by hosting its first-ever art display, marking a groundbreaking intersection of law and creative expression that organisers hoped would become an annual event. The exhibition represented a shift toward recognising creative pursuits as essential to lawyers' wellbeing and work-life balance.

The art display emerged as part of the NZBA's September 2023 annual conference in Christchurch titled "Doing Law Differently". The exhibition was grounded in research showing that participating in creative arts delivers significant benefits to psychosocial health, including improved self-esteem, confidence, self-efficacy, enhanced social connections, and overall quality of life.

The concept of an exhibition, displaying the creativity of the bar and bench, is back at this year's annual Bar Conference in Auckland at the Hilton hotel.

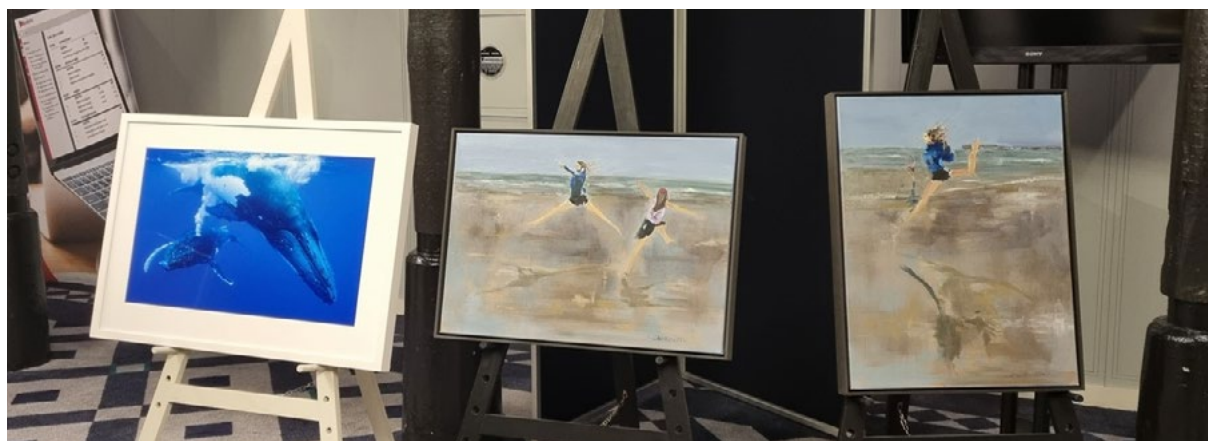
We are calling for submissions from "paint-by-numbers aficionados," those who "like to colour inside or outside the lines," and "serious abstract, impressionist or surrealist artists (or all three)." We encourage all fine and not-so-fine artists, photographers, textile artists, and crafters to get their paintbrushes, cameras, and needles out and submit one or two of their favourite works.

There are, however, some practical constraints, minimal space at the conference venue, which means we can only accommodate a limited number of works, and are subject to size restrictions.

We invite you to submit and share some of your creative efforts and be part of the experience. Further information will be made available shortly.

In the meantime, if you are interested and need further information, please contact:

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2023 SUBMISSIONS